



Cardiometabolic Supplements

Blood Sugar Support

Alpha CU™

- Combines alpha-lipoic acid and other nutrients for blood sugar support, antioxidant protection, and healthy liver function.*
- Controlled uptake formula for better absorption; includes vanadium, zinc, vitamin C, and biotin.*
- **Dosage:** 2 tablets 30 minutes before breakfast and dinner.

Berberine VasoQX®

- Supports healthy blood glucose metabolism and cardiovascular function by activating AMPK for metabolic health.*
- Contains berberine, Gynostemma pentaphyllum, and CoQ10 for antioxidant support, aiding vascular and immune health.*
- **Dosage:** 2 capsules daily.

PrenuPhase™

- Helps manage blood sugar by reducing sugar absorption, lowering glucose and insulin impact by up to 30% with L-Arabinose and chromium.*
- Includes white kidney bean extract to slow starch digestion and InnoSlim® to decrease circulating glucose and reduce intestinal absorption.*
- **Dosage:** Take 3 capsules before carbohydrate-heavy meals.

Cholesterol Support

Lipid Factors™

- Comprehensive formula for cholesterol and liver health. Contains choline, methionine, taurine, dandelion, and NAC to aid fat metabolism and bile flow.*
- Includes inositol hexanicotinate (a form of niacin) and guggul extract to support balanced lipid levels.*

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- **Dosage:** 2 capsules twice daily.

BergaMED™

- Combines bergamot with olive extract for cardiovascular support, particularly by reducing LDL oxidation and supporting endothelial function.*
- **Dosage:** 3 capsules daily.

Liposomal CoQ10 PQQ

- Combines CoQ10 (ubiquinone) and PQQ in liposomal form for enhanced absorption, supporting energy, cardiovascular, and antioxidant health.*
- **Dosage:** 1 teaspoon daily.